

Parish Staff

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Pray for the sick and homebound of the Parish

Elaine Elizabeth Abraham, Joshua Basile, Bryan Cox, Flora DeLeon, Betsabe de Soto, Marjorie Dolak, Christa Drummond, Larry Dublin, Marilyn Flynn, Jackie Fox, Danny Frey, Brian Hack, Elizabeth Hooten, Marjorie Horan, Carol McCarty, Susan McQuade, Canon Craig Merkel, Peter Milchalski, David Murphy, Fr. Paul Richardson, William Schrepel, Murray Schooner, Lien Shinta, John Spencer, Cris Ternisky, Abby Trepacz, Ana Laura Valdez, Anthony Yantiss, Dona Curry, Tom Case, Dianne Burrell, Joan Keller, Brother David Eddy, K.L. Sypal, Gerald Green, Jan Wouters, Eileen Drennan.

Pray for Those Who have Fallen Asleep in Christ

James Anthony, Maryann Barron, Joe Cassella, Bill Corr, Joseph Dunne, Bill Hale, Mary Elizabeth Jones, Cynthia Randall, Victor Wouters, Marie Cattaro, Virginia Stimson, Eva Kee, George Gibson.

Pray for our Armed Forces Personnel

Patrick Bouchoux, Jordan Bowren, Dane Doocy, Brendan Dunne, Mark Falcon, Christopher Frediani, Michael Holtz, Brian Horn, Kathleen Mahoney, Josh Moore, Matthew O'Neil, Mathew Rowell, Justin Smallwood

"Our" Seminarians

Please keep our Seminarians in your prayers as they continue their studies. They would be more than happy to receive some encouraging words.

Deacon Mick Kelly / Brian McAllister (parishioner)

Mount Saint Mary's Seminary
16000 Old Emmitsburg Road
Emmitsburg, MD 21727-7797

Mike Isenberg / Nick Barnes

North American College
00120 Vatican City State
Europe

Mass Intentions for the Week

There are many dates in the upcoming weeks and months that are available for Mass Intentions. Please contact the office to arrange for an intention and to get a Mass card.

Sunday, January 31

8:00 a.m. Susan Pinto †
10:00 a.m. Pro Populo
12:00 Noon Evette Samra †

Monday, February 1

9:00 a.m. Evette Samra †

Tuesday, February 2

9:00 a.m. Michael Potchak †

Wednesday, February 3

9:00 a.m. Hunt Family -- Deceased

Thursday, February 4

9:00 a.m. Hunt Family -- Living

Friday, February 5

9:00 Enda Coogan †

Saturday, February 6

9:00 a.m. Anthony Napoli †
5:30 p.m. Sharon Riley †

READINGS AND CELEBRATIONS FOR THE WEEK

Sunday, January 31 4th Sunday of Ordinary Time

Jer 1:4-5,17-19, Ps 71, 1 Cor 12:31-13:13, Lk 4:21-30

Monday, February 1

2 Sm 15:13-14,30;16:5-13, Ps 3, Mk 5:1-20

Tuesday, February 2

Mal 3:1-4, Ps 24, Heb 2:14-18, Lk 2:22-40

Wednesday, February 3

2 Sm 24:2,9-17, Ps 32, Mk 6:1-6

Thursday, February 4

1 Kgs 2:1-4,10-12, (Ps) 1 Chr 29:10-12, Mk 6:7-13

Friday, February 5

Sir 47:2-11, Ps 18, Mk 6:14-29

Saturday, February 6

1 Kgs 3:4-13, Ps 119, Mk 6:30-34

Over 50 Group

◆ *March 5* –“Philadelphia Flower Show: – The theme is Passport To The World, which takes you on a breathtaking floral trip around the world: India, The Netherlands,

◆ *April 14* – Sight & Sound in Lancaster will present its newest show “Joseph” the inspiring journey and restoration of his family especially important in today’s world. Sound track with 14 original songs, 30 foot high Egyptian palace on a 300 foot stage that wraps around three sides of the audience. A wonderful buffet at Miller’s included. Do not miss this outstanding show \$89 complete.

Membership in the Club is not required to travel with us! Please call the following for more information and/or registration. Mary Ann at 703.404.8677 or Connie at 703.759.2939

Eucharistic Adoration and Holy Hour

The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith, and ready to make reparation for the great faults and crimes of the world. May our adoration never cease. – *John Paul II*

To sign up for adoration or for information regarding adoration please contact Diane Cieslak 703.678.3919. **24 hour Eucharistic Adoration** begins after the 9:00 a.m. Mass on Wednesday and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Thursday.

24 hour Eucharistic Adoration also begins after the 9:00 a.m. Mass on every First Friday of the month and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Saturday.

Holy Hour is Wednesday evening at 7:00 p.m.

THIS IS MY BODY – THIS IS MY BLOOD



The Knights of Columbus News

Consider This Opportunity to Serve!

The Knights of Columbus are the largest Catholic Men fraternal organization – are you a Knight?

For information please contact Kevin Trissell at 703.464.8393 or trissellkofc@verizon.net

- ❖ Knights of Columbus Business Meeting, Tuesday February 2 at 7:30 pm in Padre Pio Hall
- ❖ Sweetheart Dance, February 13, 2010, 7:00 – 10:00 p.m. Co-sponsored by the Knights and the Women's Association. We will be selling tickets after all Masses.
- ❖ Pancake Breakfast, Sunday February 14 after 8 and 10 am masses in Bishop Justs Hall.
- ❖ Lenten Fish Dinner, every Friday during Lent beginning on February 19th in Bishop Justs Hall.

2010 Adult Bible Study Series

Wednesdays at 9:45a.m. – 11:00a.m.
We will be meeting in **Bishop Justs Hall**.
Bring a Bible; bring a friend; save a soul!
A light breakfast will be served.

Spring 2010

Revelation, The Apocalypse of St. John

Office of Religious Education

“Train up a child in the way he should go; and when he is old he will not depart from it” – Proverbs 22:6

The Office of Religious Education is closed on Thursday and Fridays. Email the office at reoffice@SaintCatherinesChurch.org for any information.

Confraternity of Christian Doctrine

CCD Class Calendar

February

- 1 **No Monday Classes**, Fairfax County Staff Development Day
- 2 All Tuesday Classes
- 8,9 All Classes
- 15 **No Monday Classes**, President's Day
- 16 All Tuesday Classes
- 20 First Penance, 9:00 a.m.
- 22,23 All Classes

Other Important Dates:

First Holy Communion:

- 1) All forms and baptismal certificates now due in RE Office
- 2) February 6: Optional First Penance Retreat hosted by Siena Academy, 9:30-12:30
- 3) February 20: First Penance, 9:00 a.m.
- 4) May 14: FHC Practice, 6:00 p.m.
- 5) May 15: FHC, 10:30 a.m.

Confirmation:

- 1) All forms, baptismal certificates, and Devotional reports now due in RE Office
- 2) March 13, Boys retreat (7th and 8th grade boys)
March 20, Girls retreat (7th and 8th grade girls)
- 3) 2nd Report Due
- 4) Sept 8,15: Final Classes in BJH
Sept. 22, 29 Final Classes in BJH
- 5) October TBA, Confirmation

The RE Office is in need of a 7th grade assistant catechist on Monday evenings at 6:45p.m. If you think you might be able to help, please contact Anson Groves at 703-759-3530 or stop in the RE office.

Catholic Youth Organization

Please see the CYO bulletin board for all upcoming events

Senior CYO – 8th – 12th grade

February 14 – Monthly CYO Meeting (not a 1st Sun)

Topic: “Is Cupid Catholic”

Shrove Sunday Pancake Supper

Junior CYO – 4th – 7th grades

Please see the bulletin board for activities list.

Attention 2nd Grade Parents: Please remember to RSVP to the RE Office for the optional First Holy Communion Retreat on February 6th



Siena Academy News

Thank You to St. Catherine of Siena Parish. Today marks the beginning of Catholic Schools Week. Parish schools across the country are celebrating the great gift of Catholic education. As your parish school, Siena Academy benefits from your tangible and intangible generosity. We would love to share our good news. Please call the school office if you would like to schedule a visit or to learn more about our exciting mission of providing an authentic Catholic Montessori education for our children.

Next Parent Coffee

Please join us for our next coffee on Tuesday, February 2 at 8:30 A.M. in BJH.

Barbara Curtis, Montessori mother of 12 and weekly newspaper columnist will speak on "Building a Good Work Ethic in Children."

Shop at Harris Teeter and support Siena Academy

*Siena Academy is a member of Harris Teeter's Together In Education program. Our account number is **8166**. Simply tell your cashier during check-out that you want Siena Academy's account number (**8166**) linked to your Harris Teeter VIC card. Once the account number is linked, every time you shop during the program, 5% of your Private Label purchases will be contributed by Harris Teeter to Siena Academy's account.*

Do you shop online?

**If so, please support Siena Academy (ID number is 500003075) by using the eScrip Online Mall. Shop at over 1,000 of your favorite online merchants and earn up to 16% for Siena Academy. Enroll with www.escrip.com; click on the Online Mall logo at www.escrip.com; and then Shop at your favorite brand name stores and automatically donate to our group.*

***Recycle Your Old Electronics**

**Do you have old laptops, iPods, or cell phones? Printer toner cartridges or inkjet cartridges? You can donate these at the conveniently located eScrip bin in the narthex of the church. Please make sure the laptops are bootable and have the power cords with them if we want to get credit. Accessories such as external drives are not needed or accepted. Thanks for your support! Questions? Contact Betsy Richardson at betsyer@verizon.net.*

Help After Abortion

Are you experiencing feelings of shame, guilt, regret and sadness? Have you lost a child to abortion? Contact Project Rachel post-abortion healing ministry for confidential referrals to trained clergy, professional counselors, retreats and/or aftercare gatherings at:
(703) 841-2504 or www.arlingtondiocese.org/rachel.

Bereavement Support Group

St. Catherine of Siena Bereavement Support Group invites you to join in a discussion of coping with our losses. Any questions please call Nancy Tanner 703-757-0045

Women's Association Activities

- ❖ Stitch & Knit / Scrapbooking Group, February 4, 2010. Both groups meeting in Padre Pio Hall.
- ❖ Association Meeting, February 11, 2010, 7:00 p.m. Father Daniel Wilson, a Legionaries of Christ Priest, will talk about "Lenten Exercises for your Soul", in Bishop Justs Hall.
- ❖ Sweetheart Dance, February 13, 2010, 7:00 – 10:00 p.m. Co-sponsored by the Women's Association and the Knights of Columbus. **We will be selling tickets after all Masses**

Twelve Points of the Montessori Method This Week, Points 1-3

1. It is based on years of patient observation of child nature by a great educational genius.
2. It has proved itself of universal application. Within a single generation it has been tried with complete success with children of almost every civilized nation. Race, color, climate, nationality, social rank, type of civilization -- all of these make no difference to its successful application.
3. It has revealed the small child as a lover of work, intellectual work, spontaneously chosen and carried out with profound joy.

Courage

'Courage' is a group that meets regularly to offer fraternal, moral, and spiritual support for those who experience same-sex attractions and desire to live chaste lives according to the teachings of the Roman Catholic Church. Meetings are for men and women, and strict confidentiality is maintained. For more information, please contact Courage@arlingtondiocese.org or visit <http://couragerc.net/index.htm>

Gabriel Project Volunteer Training

Gabriel Project Arlington (GPA), the diocesan parish-based pregnancy assistance ministry of the Office for Family Life, is holding a free session for volunteers on Saturday, February 6 at St. Theresa in Ashburn (after the 8 a.m. Mass) from 9 a.m. to 12:00 p.m. Please contact the GPA main office to RSVP by February 3rd at (703) 841-2755 or register on line: www.arlingtondiocese.org/gpavolunteer.

Natural Family Planning Classes

The Couple-to-Couple League offers NFP classes throughout Northern Virginia. Classes usually consist of three 2 ½ hour sessions spaced one month apart. Total cost for course and materials is \$135 per couple. Local class to begin at:

Holy Trinity in Gainesville on Sunday, February 7 from 12 - 3 p.m. Contact Dustin & Erin Atkinson at (703) 753-8537 or nfp@holyltrinityparish.net to register.

St. Thomas More Cathedral in Arlington on Sunday, February 14 at 7 p.m. Contact Peter & Marjorie Hickman at (703) 528-0297 or loyalscout@hotmail.com to register.

St. Andrew the Apostle in Clifton on Sunday, February 21 at 3 p.m. Contact Chris & Angela Smith at (703) 266-6756 or csmith6789@msn.com to register.

For the most up-to-date class schedule, please visit <http://nova.ccli.org/learn.html#series>.

From the Office of Vocations

Are you seeking "knowledge and full insight to help you determine" your vocation in Christ as a priest, deacon or in consecrated life? Call Father Brian Bashista (703) 841-2514, or write: b.bashista@arlingtondiocese.org.

Have you ever wished you could make a pilgrimage to Lourdes, France?

Have you visited the Grotto where Our Lady appeared to Bernadette and wish to return?

Then, please mark your calendars!

St. Catherine's will host a Lourdes Virtual Pilgrimage Experience on Sunday, March 7 at 1 pm directly following the Noon Mass.

North American Lourdes Volunteers will present a 90 minute spiritual and prayerful pilgrimage which includes the invitation, apparitions and message of Lourdes in the footsteps of Bernadette. During this guided virtual tour you will: touch a piece of the Grotto, experience the baths with water from the Spring at Lourdes, receive a Eucharistic Blessing and experience a decade of the rosary procession—the next best thing to being there—a spiritual journey without the travel! Each pilgrim receives a bottle of Lourdes water to take home.

For further information please call: Kathy at 703-450-2827

Vietnamese New Year's Fair & Festival

Please join us Saturday, February 6th from 10 a.m. to 9:30 p.m. at St. Thomas a Becket Catholic Church, 1421 Wiehle Avenue, Reston, Virginia. Enjoy traditional food, live music, Kajate, raffle, bingo and more! All are welcome to attend. If you would like to help with or be a sponsor of this event, please contact Mr. Anh Nguyen at 202-497-2575 or at globalipnet@gmail.com

**BISHOP'S LENTEN APPEAL – CHARITY IS
FAITH IN ACTION**

Next week every parishioner will have the opportunity to support the 2010 Bishop's Lenten Appeal (BLA). During Mass you will receive information and a pledge card for you to fill out. Please take time this week to prayerfully consider your gift amount for the BLA.

The BLA helps to support diocesan offices and ministries that serve tens of thousands of people each year. From support of seminarians, to the training of our catechists, to helping our youth grow in their faith, to teaching respect for the sanctity of life, your support to the BLA impacts the lives of many people that reach beyond the scope of any individual parish.

As you reflect on your blessings this year, we ask you to consider making a sacrificial pledge to help sustain the ministries and programs that are funded by the BLA. By making a pledge, your gift becomes intentional, representing a promise to give not from your leftovers, but from your first fruits. From all that we have received, let us make a proper return to God, Our Heavenly Father, the source of our life and all blessings.

Respect for Life

Thank you for all who marched January 22nd to show your commitment for our most helpless brothers and sisters.

As Pope John Paul II said, "Do not be afraid to go out on the streets and into the public places like the first Apostles, who preached Christ and the good news of salvation in the squares, cities, towns and villages. This is no time to be ashamed of the Gospel (Rom.1:16).It is the time to preach it from the rooftops. (Mt 10:27). Do not be afraid to break out of comfortable and routine modes of living in order to take up the challenge of making Christ known in the modern 'metropolis'"

Annual Tax Statements

For all parishioners who have contributed over \$200.00 to the Church you should have received your tax statement. If you donated to Siena Academy, they can provide you with a letter, as well. If you regularly contribute to collections in cash and do not use parish envelopes, we have no way to account for your donations. If you have not yet registered at St. Catherine of Siena and regularly attend our Masses, please fill in a parish registration form, available in the parish office. This aids in tax preparation and is essential if you wish to be married at our church, attend religious education classes , or become a sponsor for Baptisms or Confirmation

**A Brief Thank You from Our Seminarian
Brian McAllister**

I am writing to say thank you to all of you who wrote me cards and sent gifts during the Christmas season; my special thanks to the little ones of Siena Academy for your prayers. My seminary experience has been a very positive one so far, but nonetheless, this formation can pose unique spiritual challenges along the path of spiritual growth and vocational discernment; your correspondence and your prayers have been most supportive, as has been your hospitality at the parish.

Please know that I am praying for all of you, and please continue to pray for me and the other seminarians...we need it!

In Christ,
Brian McAllister
Seminarian, Diocese of Arlington